

Our Mission

To strive to be connected to the community by being inclusive, valuing all people and demonstrating Christ's love through a continuum of quality care as it is needed.

Our Philosophy of Care

Life at the Facility is determined by our Christian values and our philosophy of care:-

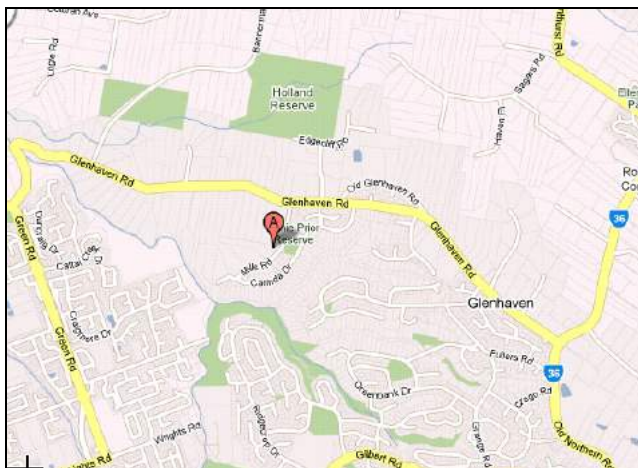
- The environment must be home-like, consistent with communal living.
- That Residents have the freedom, privacy and respect they would be accustomed to in their own home, consistent with the constraints of communal living.
- Each resident's rights, privacy and dignity are respected at all times.
- A high quality of care is provided to all and a comfortable lifestyle maintained.
- Life is fulfilling and stimulating.
- Limitations to ability are not necessarily inevitable or irreversible.
- Residents are encouraged to contribute ideas and opinions in the operation of their residence.
- We encourage our residents to maintain community involvement and be involved in decision making, when able.
- Staff must maintain the highest level of practice, aided by ongoing education.
- Staff work as a team to provide individual treatment to all residents.
- Staff assist with activities which contribute to a healthy quality of life or to a peaceful death with dignity.

Getting to the Facility

We are located at Glenhaven NSW on the corner of Glenhaven Road and Mills Road with the entrance in Mills Road. Glenhaven Road may be entered from Old Northern Road, Dural or from Samantha Riley Drive, Kellyville. There is limited parking on site.

Hills Bus operates regular services along Mills Rd, Glenhaven to both Castle Hill Shopping Centre and Pennant Hills Station.

Timetables are available from www.hillsbus.com.au
(Note services do not run Christmas Day)



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Carinya House Information



Carinya House Glenhaven

The mission of Christian Brethren Community Services is to strive to be connected to the community by being inclusive, valuing all people and demonstrating Christ's love through a continuum of quality care as it is needed..

“Christ's Love Compels Us”
2 Corinthians 5:14

Last Updated March 2014
RA074

About Carinya House

Carinya House is a modern, homely, 60 bed facility able to take residents classified as low care and high care, including those living with dementia. We provide ageing in place which allows our residents to remain with us as their care needs increase, negating the need to move to a nursing home. Staff are also fully trained to provide excellence in Palliative Care. These services generally allow you to remain in your own room regardless of the level of care required. Situated in the picturesque grounds of Glenhaven Gardens Retirement Village, the facility is set on 2 levels, with the lower level having 2 secure, 12 bed dementia units, each providing their own activities, outings and meals.

The sunny outdoor area is home to an aviary and the facility's chooks and provides secure garden areas. Upstairs are 36 mainstream beds, dining room, activity area, lounge and sunny outdoor area which includes our aviary. With expansive views to the Blue Mountains, Carinya House presents a tranquil semi-rural setting. Each resident has their own private room with an ensuite bathroom.

The Facility Manager of Carinya House is an experienced registered nurse, supported by a team of registered nurses, care staff, therapists, hospitality and maintenance staff, as well as a team of enthusiastic volunteers.

Carinya House is also able to offer respite care.



Services

- As a resident of the Facility you may like to have your own doctor, provided he/she elects to visit the Facility. If this is not possible, the Facility Manager will discuss a suitable alternative with you and advise you on selecting another doctor.
- Pastoral Care Coordinator visits regularly and short devotions are held daily at breakfast for those who wish to participate. Church Services and Communion are held weekly.
- Physiotherapists visit the Facility on a regular basis to assist with additional care requirements.
- Podiatry is available onsite by appointment.
- Diversional Therapy program 5 days per week with various activities catering to the liking of everyone.
- Musical activities and bus outings.
- Hairdressing salon available weekly.
- Laundry service and clothes labelling available.
- Meals are prepared fresh daily in our fully appointed kitchen.
- Our coffee shop with adjoining sunny verandah, provides the opportunity for everyone to share some social time away from the main living area.
- There are no set visiting hours at Carinya House and we encourage relatives and friends to visit throughout the day and evening. Guests are always welcome to attend a meal in the dining room with the residents, (a small fee is payable for meals). Children are very welcome at Carinya House and there is a toy area in the coffee shop.
- Resident and Relatives meetings are held every three months and on request. This is an opportunity to express any concerns you may have. It is also a way of keeping you informed of any changes or new initiatives within the Facility.

Helpful Contacts

- Aged Care Information Line
- **1800 500 853**
 - www.centrelink.gov.au (Centrelink)
- National Dementia Helpline
- **1800 100 500**
- Commonwealth Care and Respite
- **1800 052 222**
 - **13 14 50** (Interpreter Service)
- Commonwealth Carer Resource Centres
- **1800 242 636**
- DVA Medical & Allied Health
- **1300 550 457**
 - www.dva.gov.au
- ACAT (Aged Care Assessment Team)
- (02) 9477 9525 (Hornsby)
 - (02) 9845 6903 (Westmead)

Legal Services

- Aged Care Advocacy
- **1800 700 600**
- TARS (The Aged-Care Rights Service)
- **9281 3600**
 - **1800 424 076** (Country Callers)
 - www.gt.nsw.gov.au
- Aged Care Complaints Scheme
- **1800 550 552**
 - www.agedcarecomplaints.govspace.gov.au

Useful Websites

- Department of Social Services
- www.dss.gov.au
- Alzheimers Australia
- www.alzheimers.org.au