


What's on at Guilford Young Grove in a typical month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
	9.00 MASSAGE/PHYSIO 11.00 TAI-CHI RELAXATION 12.00 LUNCH 1.30 CELEBRATION & FUNDRAISER FOR 'BRIGHTSIDE FARM' 3.00 INDIVIDUAL VISITS	9.00 PASTORAL CARE VISITS 9.00 MASSAGE/PHYSIO 10.00 ROSARY 10.30 CATHOLIC MASS 12.00 LUNCH 1.30 RESIDENTS' MEETING 2.30 EFFIE'S MILK BAR-HEALTHY LIVING 4.30 VILLA MEETING	9.00 MASSAGE/PHYSIO 11.00 BATON EXERCISES 12.00 LUNCH 1.30 "THE WARBLERS" IN CONCERT 3.00 INDIVIDUAL VISITS	9.00 PASTORAL CARE VISITS 9.00 PHYSIO 11.00 SHOPPING TROLLEY 11.00 ANGLICAN SERVICE 12.00 LUNCH 1.30 VIC'S ENTERTAINMENT 1.30 INDIVIDUAL VISITS 3.00 GARDEN WALKS	12.00 LUNCH 1.30 QUIZ 3.15 INDIVIDUAL VISITS	9.30 CATHOLIC COMMUNION SERVICE 12.00 LUNCH 1.30 MOVIE CLUB
7	8	9	10	11	12	13
9.00 PASTORAL CARE VISITS 9.30 THERAPY & WELLNESS CLINIC IN WATERFRONT ROOM 10.30 PET THERAPY 12.00 LUNCH 1.30 LITERARY CLUB 'NUN THE LESS' 3.00 GARDEN WALKS	9.00 MASSAGE/PHYSIO 11.00 TAI-CHI RELAXATION 12.00 LUNCH 1.30 PLAYMATES CONCERT 3.00 INDIVIDUAL VISITS	9.00 PASTORAL CARE VISITS 9.00 MASSAGE/PHYSIO 10.00 ROSARY 10.30 COMMUNION SERVICE 11.30 GUESS WHO'S COMING TO LUNCH 12.00 LUNCH 1.30 FRENCH SPEAKING GROUP 3.00 MUSIC APPRECIATION	9.00 MASSAGE/PHYSIO 11.00 BATON EXERCISES 12.00 LUNCH 1.30 CROSSWORD CLUB 3.00 CHOIR PRACTISE	9.00 PASTORAL CARE VISITS 9.00 PHYSIO 11.00 SHOPPING TROLLEY 11.00 WALKING THROUGH THE BIBLE 12.00 LUNCH 3.00 INDIVIDUAL VISITS	12.00 LUNCH 1.30 BINGO 3.15 INDIVIDUAL VISITS	9.30 CATHOLIC COMMUNION SERVICE 12.00 LUNCH 1.30 QUIZ
14	15	16	17	18	19	20
9.00 PASTORAL CARE VISITS 9.30 THERAPY & WELLNESS CLINIC IN WATERFRONT ROOM 12.00 LUNCH 1.30 DAVID DALY & FRIENDS IN CONCERT 3.00 SHARE YOUR STORY	9.00 MASSAGE/PHYSIO 11.00 TAI-CHI RELAXATION 12.00 LUNCH 1.10 ST FRANCIS XAVIER COMMUNITY OUTING 1.30 MOVIE CLUB	9.00 PASTORAL CARE VISITS 9.00 MASSAGE/PHYSIO 10.00 ROSARY 10.30 COMMUNION SERVICE 12.00 LUNCH 1.30 TOURNAMENT OF THE MINDS 3.00 GARDEN WALK	9.00 MASSAGE/PHYSIO 11.00 BATON EXERCISES 12.00 LUNCH 1.30 SCC CHOIR PRACTICE AT GYG 3.00 WORD GAMES	9.00 PASTORAL CARE VISITS 9.00 PHYSIO 11.00 SHOPPING TROLLEY 11.00 ANGLICAN SERVICE 12.00 LUNCH 1.30 COOKING CLUB 3.00 INDIVIDUAL VISITS	12.00 LUNCH 1.30 QUIZ 3.15 INDIVIDUAL VISITS	9.30 CATHOLIC COMMUNION SERVICE 12.00 LUNCH 1.30 MOVIE CLUB
21	22	23	24	25	26	27
9.00 PASTORAL CARE VISITS 9.30 THERAPY & WELLNESS CLINIC IN WATERFRONT ROOM 10.30 PET THERAPY 12.00 LUNCH 1.30 GERMAN CHOIR IN CONCERT 3.00 INDIVIDUAL VISITS	9.00 MASSAGE/PHYSIO 11.00 TAI-CHI RELAXATION 12.00 LUNCH 1.30 BLACKCHERRIES IN CONCERT 3.00 GARDEN WALKS	9.00 PASTORAL CARE VISITS 9.00 MASSAGE/PHYSIO 10.00 ROSARY 10.30 CATHOLIC MASS 12.00 LUNCH 1.30 EFFIE'S MILK BAR-HEALTHY LIVING 3.30 INDIVIDUAL VISITS	9.00 MASSAGE/PHYSIO 11.00 BATON EXERCISES 12.00 LUNCH 1.30 SCC CHOIR PRACTICE AT FAIRWAY RISE 1.30 MOVIE CLUB	9.00 PASTORAL CARE VISITS 9.00 PHYSIO 11.00 SHOPPING TROLLEY 11.00 WALKING THROUGH THE BIBLE 12.00 LUNCH 1.30 NOEL ON PIANO 2.30 MEN'S CLUB IN THE WATERFRONT ROOM 3.00 INDIVIDUAL VISITS	12.00 LUNCH 1.30 BINGO 3.15 INDIVIDUAL VISITS	9.30 CATHOLIC COMMUNION SERVICE 12.00 LUNCH 1.30 QUIZ
28	29	30				
9.00 PASTORAL CARE VISITS 9.30 THERAPY & WELLNESS CLINIC IN WATERFRONT ROOM 11.00 TAI-CHI RELAXATION 12.00 LUNCH 1.10 DIANNE'S SCENIC BUS TRIP 1.30 DAVID DALY & FRIENDS IN CONCERT	9.00 MASSAGE/PHYSIO 11.00 TAI-CHI RELAXATION 12.00 LUNCH 1.30 BARRY DAVIES MUSICAL JOURNEY 3.00 GARDEN WALKS	9.00 PASTORAL CARE VISITS 9.00 MASSAGE/PHYSIO 10.00 ROSARY 10.30 CATHOLIC MASS 12.00 LUNCH 1.30 CAFÉ CRUISE CLUB 3.00 MOVIE CLUB	