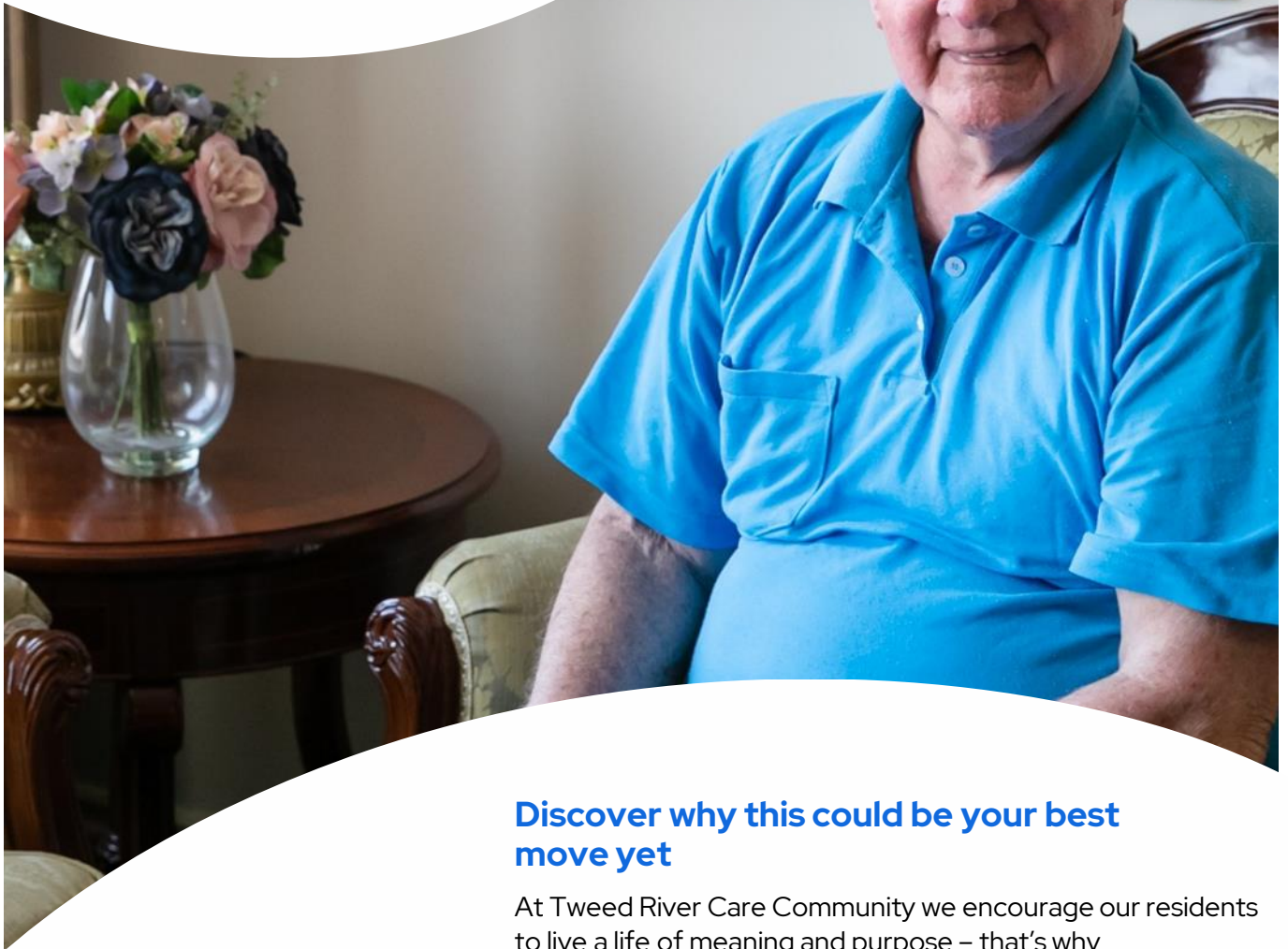




# Welcome to **Tweed River** Care Community



## **Discover why this could be your best move yet**

At Tweed River Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Conveniently located in the centre of Tweed Heads, our home is within minutes of Tweed Mall Shopping Centre, Tweed Heads Bowls Club and the beautiful beaches of the region. Our residents enjoy socialising outdoors in our tropical gardens and courtyards, or in our cosy indoor lounges. Our cafe is a lovely inviting spot to catch up with visiting family and friends.

Our new on-site wellness centre is a great place for residents to stay active, with an expert team of physiotherapists, exercise physiologists and occupational therapists from our wellness partner, HCA, help residents achieve their mobility, independence or wellbeing goals.

**Ageing is living**

# Experience the Opal HealthCare difference at Tweed River



## Daily life

We're a friendly and welcoming home with plenty to do. Residents enjoy visits from pets of all shapes and sizes and our creatives enjoy arts, craft and music. Our gardening group tends to our seasonal produce gardens, growing fresh ingredients for our chef to cook up in hearty, home-style meals. Our memory care neighbourhood is a safe and secure place for residents living with dementia to engage in activities that support reminiscence and independence.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Fresh and nutritious chef prepared meals
- Seasonal menus
- Regular happy hour
- Dedicated lifestyle team onsite
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends
- Opal bus for community outings
- On-site wellness centre



## Home

- Modern rooms with single bed, bedside table, armchair, built-in robe, flat screen TV, soft furnishings
- Single bedrooms with ensuite- 16m<sup>2</sup>
- Well-appointed lounge, dining and activity areas
- Landscaped gardens and courtyard
- Café onsite
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Primary and allied health available
- Secure memory care neighbourhood
- Sensory garden
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **HealthCare** family