


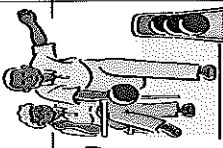
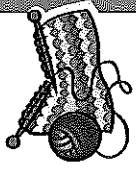
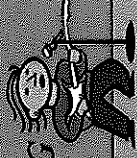










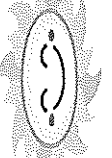

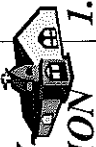


# NOVEMBER 2013

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p><b>Spring</b></p>						
<p><b>4 SUGGESTED ACTIVITY</b>  <b>READ A GOOD BOOK</b></p> 	<p><b>5 HAIRDRESSER MELBOURNE CUP LUNCH</b></p> 	<p><b>6 10.30 BOWLS 1.30 SHOPPING</b></p> 	<p><b>7 10.30 BINGO 1.30 KNITTING GROUP</b></p> 	<p><b>8 10.30 EXERCISES 1.30 MO SINGING</b></p> 	<p><b>9 10.30 EXERCISES WITH BERNERDETTE</b></p>	<p><b>10 ROAST LUNCH HAPPY HOUR</b></p> 
<p><b>11 1.30 UNITING CHURCH LADIES SINGALONG</b></p> 	<p><b>12 HAIRDRESSER 10.30 EXERCISES/GAMES 1.30 READING</b></p> 	<p><b>13 10.30 BOX BOWLS 1.30 SHOPPING</b></p> 	<p><b>14 10.30 BINGO 1.30 STAFF MEETING</b></p> 	<p><b>15 10.30 EXERCISES/QUIZZES 1.30 CHERYL SINGING</b></p> 	<p><b>16 MOVIE/SPORT</b></p>	<p><b>17 ROAST LUNCH HAPPY HOUR</b></p>
<p><b>18 10.00 RED CROSS NAIL CARE</b></p> 	<p><b>19 HAIRDRESSER 10.30 EXERCISE/GAMES 1.30 READING</b></p>	<p><b>20 10.30 BOX BOWLS 1.30 SHOPPING</b></p> 	<p><b>21 10.30 BINGO 1.30 KNITTING GROUP</b></p>	<p><b>22 9.00 PODIETRIST 1.30 READING</b></p> 	<p><b>23 10.30 EXERCISES WITH BERNEDETTE</b></p>	<p><b>24 ROAST LUNCH HAPPY HOUR</b></p> 
<p><b>25 SUGGESTED ACTIVITY GO FOR A WALK</b></p> 	<p><b>26 HAIRDRESSER 10.00 MASS 1.30 RESIDENTS MEETING</b></p> 	<p><b>27 10.30 BOX BOWLS 1.30 SHOPPING</b></p>	<p><b>28 10.30 BINGO 2.00 HOLY COMMUNION</b></p> 	<p><b>29 10.30 EXERCISES 1.30 READING</b></p>	<p><b>30 MOVIE/SPORT</b></p>	