



Welcome to **Berkeley Vale** Care Community



Discover why this could be your best move yet

At Berkeley Vale Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

We're located on the Central Coast in a peaceful spot near Tuggerah Lake and Chittaway Bay, with local beaches and parklands around the corner. Berkeley Vale Private Hospital and medical amenities are across the road and Westfield Tuggerah is just 10 minutes away. Our established gardens are a feature of our home, with lovely sun-filled courtyards offering leafy views, and plenty of space to socialise, take a walk, or enjoy quiet moments of reflection. Our care community is inclusive and welcoming, and our companion model of care fosters a sense of family and belonging among residents.

Ageing is living

Experience the Opal HealthCare difference at Berkeley Vale



Daily life

Our resident pets are an important part of our home and give comfort and companionship to residents. Our aviary is especially popular and is looked after each day by resident volunteers. With expansive gardens on our doorstep, spending time outdoors enjoying our courtyards and nature is part of the rhythm of our home.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



Health & wellbeing

- Friendship and connection through Meaningful Mates
- Seasonal menus
- Dedicated lifestyle team onsite
- Adult learning centre with PCs and WiFi Internet connection
- Music, art and pet therapy
- Cultural and faith-based community supports
- Dedicated Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



Home

- Comfortable rooms feature single bed, bedside table, built-in wardrobes, flat screen TV and soft furnishings
- 5 different room types, with single or companion share options, up to 39m²
- Well appointed lounge and dining areas
- Landscaped gardens and courtyard area
- Hair salon



Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health available
- Permanent, respite, dementia and palliative care



Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.

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Part of the  **Opal HealthCare** family