



Note: This calendar is a sample only. Activities will vary from site to site. Activities may be impacted and change based on other circumstances eg. COVID-19

Monday 2 March	Tuesday 3 March	Wednesday 4 March	Thursday 5 March	Friday 6 March	Saturday 7 March	Sunday 8 March
<b>9:00 am</b> Morning garden walks and room visits	<b>9:00 am</b>	<b>9:00 am</b>				
<b>9:30 am</b> Morning Mass Bingo	<b>9:30 am</b> Morning Mass Memory games	<b>9:30 am</b> Morning Mass Group music listening	<b>9:30 am</b> Morning Mass Bingo	<b>9:30 am</b> Morning Mass	<b>9:30 am</b> Bus trip	<b>9:00 am</b>
<b>10:30 am</b> Walking group Choir practice	<b>10:30 am</b> Gentle exercises Pet Therapy	<b>10:30 am</b> Carpet bowls Virtual concert	<b>10:30 am</b> Adult colouring in Morning hymns	<b>10:00 am</b> Residents meeting Chair bowling	<b>10:30 am</b> Bingo	<b>10:30 am</b> Gentle exercises
<b>12:45 pm</b> Cooking: Design your own pizza	<b>1:30 pm</b> Football tipping Bingo	<b>1:00 pm</b> Word games Balloon Tennis	<b>12:45 pm</b> BBQ lunch Pastoral care visits	<b>10:30 am</b> Knitting and craft Virtual concert	<b>12:45 pm</b> Afternoon concert and performance	<b>1:30 pm</b> Reminiscing time
<b>2:30 pm</b> Afternoon movies Classic songs sing along	<b>3:15 pm</b> Armchair travel to Europe	<b>1:30 pm</b> Pamper care with tea tasting Bible study	<b>2:30 pm</b> Chair soccer Arts and craft	<b>1:30 pm</b> Celebrating resident's birthday	<b>12:30 pm</b> Cats and dogs visit (pet therapy)	<b>1:00 pm</b> Music therapy
<b>3:30 pm</b> Social and emotional individual support visits Meditation in chapel	<b>4:00 pm</b> Social and emotional individual support visits Meditation in chapel	<b>3:30 pm</b> Social and emotional individual support visits Meditation in chapel	<b>4:00 pm</b> Social and emotional individual support visits Meditation in chapel	<b>3:30 pm</b> Social and emotional individual support visits Meditation in chapel	<b>4:30 pm</b>	<b>4:00 pm</b>