



## *A quiet and relaxed location*

on a beautiful tree lined street amongst parks, churches, and Victorian style houses in a convenient, centrally located area close to all amenities.



*There's no place like a Goondee home*



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## Location

Goondee boasts a quiet and relaxed location on a beautiful tree lined street amongst parks, churches, and Victorian style houses in a convenient, centrally located area close to all amenities. It's a short walk to buses, trains, Westfield's Shopping centre and easily accessible by car from the M4 motorway, Liverpool, and Parramatta Roads.

## About us

Goondee, located in a Strathfield NSW, is a fully accredited 63 bed aged care facility that has been family owned and operated, locally for more than 30 years. Goondee is well known for its homely environment, experienced friendly staff, modern conveniences, and leafy quiet garden surroundings.

## Services

Services to promote health and wellbeing are offered with support, encouragement and supervision. Some include:

- Gym and exercise equipment
- Physiotherapy
- Therapeutic massages
- Reflexology
- Diversional therapy
- Pets as therapy
- Podiatry
- Aromatherapy

**Experienced and certified staff are trained in various fields such as aged care, diversional therapy, health & medical services.**

## Activities, Entertainment & Lifestyle

We all know that moving into an aged care facility can be a stressful event for both the resident and their families. We hope to alleviate some of that stress by doing a lot of fun activities. Relatives and friends are always welcome to join in on the fun.

- Beauty therapy and hair cuts
- Luncheons at RSL Clubs
- BBQs in the park
- Weekly happy hour
- Karaoke evenings
- Wii games
- Concerts by various entertainers
- Multi-cultural Days
- Clothing & shoe shops come to Goondee
- Overnight leave with family is allowed
- Attendance to community events encouraged
- Event Days
- Musical Concerts
- Bus Trips
- Visit to the local coffee shops
- Leisurely walks
- Tai Chi & Gentle exercises
- Massages
- Friendly staff
- Family atmosphere & culture
- Facility owned pets
- All meals are prepared at Goondee by qualified cooks

*There really is nothing like a Goondee Home!*

