

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 11:00am – Chapel 1:00pm – Little Shop 2:00pm – Word Games with Jan in Hostel	2 10:00am – Delta Dog Visit 11:00am – Complimentary therapies 1:00pm – Balance Group in Hostel 1:30pm – Footy tipping 2:00pm – Trivia with Helen in Hostel	3 11:00am – Current Affairs in Hostel 1:00pm – Circuit Training in Hostel 2:00pm – Happy Hour with Richard in Hostel	4 10:00am – Social Visits 2:00pm – At the Movies	5 11:30am – Songs of Praise 12:00pm – Landline
6 10:45am – Keep Fit in Tara 11:00am – Movement to Music with Fay in Hostel 1:00pm – Strength Training in Hostel 1:30pm – Complimentary therapies	7 11:00am – Discussion Group with Alan in Hostel 1:30pm – Bingo with John in Hostel 3:15pm – Music with Omega in Nursing home	8 11:00am – Chapel 2:00pm – Exploring Faith with Fleur in Hostel 2:00pm – Art & Craft with Jan in Hostel 3:00pm – Walking Group	9 10:00am – Delta Dog Visit 11:00am – Complimentary therapies 11:30am – Lunch Bus Outing 1:00pm – Balance Group in Hostel 1:30pm – Footy tipping 2:00pm – Scrabble with Barbara in Tara	10 11:00am – Current Affairs in Hostel 1:00pm – Circuit Training in Hostel 2:00pm – Happy Hour with Mavis Atkinson in Hostel	11 10:00am – Social Visits 2:00pm – At the Movies 2:00pm – Sing Australia Choir Outing	12 11:30am – Songs of Praise 12:00pm – Landline 2:30pm – Mother's Day afternoon tea
13 10:45am – Keep Fit in Tara 11:00am – Movement to Music with Fay in Hostel 1:00pm – Strength Training in Hostel 1:30pm – Complimentary therapies	14 11:00am – Walking Group 1:30pm – Bingo with John in Hostel 3:15pm – Music with Omega in Nursing home	15 11:00am – Chapel 1:00pm – Little Shop 2:00pm – Word Games with Jan in Hostel	16 10:00am – Delta Dog Visit 1:00pm – Balance Group in Hostel	17 11:00am – Current Affairs in Hostel 1:00pm – Circuit Training in Hostel 2:00pm – Happy Hour with Dave Twissell in Hostel	18 10:00am – Social Visits 2:00pm – At the Movies	19 11:30am – Songs of Praise 12:00pm – Landline
20 10:45am – Keep Fit in Tara 11:00am – Movement to Music with Fay in Hostel 1:00pm – Strength Training in Hostel 1:30pm – Complimentary therapies	21 11:00am – Discussion Group with Alan in Hostel 1:30pm – Bingo with John in Hostel 3:15pm – Music with Omega in Nursing home	22 11:00am – Chapel 2:00pm – Exploring Faith with Fleur in Hostel 2:00pm – Art & Craft with Jan in Hostel 3:00pm Walking Group	23 11:00am - Australia's Biggest Morning Tea in Hostel 10:00am – Delta Dog Visit 1:30pm – Men's Shed Bus Outing 1:00pm – Balance Group in Hostel 1:30pm – Footy tipping 2:00pm – Scrabble with Barbara in Tara 2:00pm – Trivia with Helen in Hostel	24 11:00am – Current Affairs in Hostel 1:00pm – Circuit Training in Hostel 2:00pm – Happy Hour with Coxy the Aussie Cowboy in Hostel	25 10:00am – Social Visits 2:00pm – At the Movies	26 11:30am – Songs of Praise 12:00pm – Landline
27 10:45am – Keep Fit in Tara 11:00am – Movement to Music with Fay in Hostel 1:00pm – Strength Training in Hostel 1:30pm – Complimentary therapies	28 11:00am – Walking Group 1:30pm – Bingo with John in Hostel 3:15pm – Music with Omega in Nursing home	29 11:00am – Chapel 1:00pm – Little Shop 2:00pm – Word Games with Jan in Hostel	30 10:00am – Delta Dog Visit 11:00am – Complimentary therapies 1:00pm – Balance Group in Hostel 1:30pm – Ladies Bus outing 1:30pm – Footy tipping	31 11:00am – Current Affairs in Hostel 1:00pm – Circuit Training in Hostel 2:00pm – Happy Hour with Pam Mcleod in Hostel		