



Catering and Food Services Policy Statement

When you first arrive at the facility we will ask you about any food allergies, preferences or dislikes you may have and any specific dietary needs such as texture-modified foods and religious or cultural requirements. This information is used by employees who prepare and serve your meal to ensure that you receive meals that meet your needs.

We provide a six-week rotating seasonal menu that is evaluated for nutritional content by a dietician, and is adjusted as required. Residents' special dietary needs are accommodated. Every effort is made to cater for individual, cultural and religious preferences. We may also seek assistance from family members in meeting these needs at times.

Residents are encouraged to participate in general menu planning through meetings and surveys and to speak to employees individually to comment on your satisfaction with the meals.

Morning, afternoon tea and supper are served in addition to the three main meals of the day. Menus may be displayed in the dining room on a daily basis.

We encourage resident independence as much as possible and specially designed cutlery and crockery can be made available for residents who need them. If more assistance is required, our employees are also available to assist residents with their meals.

Please inform employees if you will not be in for a meal, or if you need a meal earlier or later in the day. This will assist us to plan and prevent any misunderstandings or anxiety for you or the employees.