

Nutrition and Hydration

OBJECTIVE:

The objective of this policy is to outline Peninsula Palms Aged & Community Services' policy regarding the importance of nutrition and hydration needs of the residents.

POLICY:

The Nutritional and Hydration needs of the Resident will be individually assessed, documented, implemented, regularly reviewed and evaluated by trained Staff in consultation with the Resident / advocate, Medical Practitioner, Dietician, other Health Professionals, family and significant others. The Resident will be offered a nutritious and varied diet. Assistive devices will be provided to promote independence, and dietary customs of the Resident's ethnic, religious and cultural beliefs will be recognised and maintained.

That catering staff are appropriately trained in food safety and that we have an effective food safety program in place.

REFERENCE:

Accreditation Standard 2.10

REGULATORY COMPLIANCE:

Food Safe Australia 2000
Nutrition Foundation
Professional Dietetic Journals
Food Safety Plan

Authorised by: Chairman of Directors Effective Date: 01/04/2014

Signed: _____

Reviewed by: Manager Review Date: 01/04/2015

Signed: _____

Distribution: All Staff