



# Welcome to **Orange Grove** Care Community



## **Discover why this could be your best move yet**

At Orange Grove Care Community we encourage our residents to live a life of meaning and purpose – that's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in the thriving NSW Central West city of Orange, our home is nestled in a quiet residential street with easy access to shops, cafes and amenities. We are a family-oriented community, and our home combines country charm with modern technology and a welcoming atmosphere. Loved ones enjoy celebrating milestones large and small in our private dining room, and our spacious courtyards and landscaped gardens are ideal for socialising over a cup of tea or enjoying quiet moments of reflection. Our memory care neighbourhood provides a safe and inclusive environment for residents who are living with dementia

Ageing is living

# Experience the Opal HealthCare difference at Orange Grove



## Daily life

Our Men's Shed offers activities and companionship for our male residents who enjoy hands-on construction projects which support our local community. Movie nights, listening to music, playing cards, crafting and connecting with children in our local play group are just some of the things that bring our residents joy. We encourage residents to pursue their interests be it music or art therapy, or Virtual or Augmented Reality experiences that support cognition and reminiscence.

It's an environment where you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in our home life – so you can enjoy your day, your way.



## Health & wellbeing

- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Opal bus for community outings
- Technology including VR, AR and e-Pets to entertain, engage, educate, and connect with family and friends



## Home

- Modern rooms feature single bed, bedside table, armchair, robe, flat screen TV and soft furnishings
- 6 room types, single with ensuite or companion, up to 44m<sup>2</sup>
- Well appointed lounge and dining areas
- Landscaped gardens and courtyard area
- Hair salon
- Welcoming communal spaces



## Care

- Registered nurses onsite 24/7
- Experienced leadership, qualified and capable team
- Fresh and nutritious chef prepared meals
- Primary and allied health
- Sensory gardens and memory supports
- Permanent, respite, dementia and palliative care

## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

**Our purpose is to bring joy to those we care for.**

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Part of the  **Opal HealthCare** family