



CVS visits are available to anyone receiving government-subsidised residential aged care or Home Care Packages, including people who are approved and on a waiting list for residential care or home care packages.

## Register to receive a CVS visitor

Regular visits from a community visitor can help to improve your quality of life and help you feel less socially isolated.

## Volunteer as a CVS visitor

Volunteering as a community visitor can be a rewarding experience.

By becoming friends with an older person, you can make a positive difference to their lives as well as your own.

### **Contact for more information**

ACT, NSW, VIC (03) 9767 1900

NT (08) 8928 0620

QLD (07) 3379 7200

SA (08) 8326 0020

TAS (03) 6282 1505

WA (08) 9319 0916

Some regions in Australia do not have CVS providers. Please contact your state or territory network above to see if this service is available for you.

www.health.gov.au/cvs

# Providing friendship and companionship to older people

The Community
Visitors Scheme (CVS)



An initiative of the Australian Government Department of Health www.health.gov.au/cvs



Aboriginal and Torres Strait Islander people are advised that this document may contain images of deceased people.

### A free service to help older people maintain social connection

A matched volunteer will aim to visit for 1 hour, once a fortnight.

#### Visits can be:

- one on one or small group visits to residential aged care homes; or
  - one on one visits to people receiving home care packages





# Focusing on the needs of older people at a higher risk of being socially isolated

In Australia there are CVS groups in all states and territories, including groups that support:

- people from culturally and linguistically diverse backgrounds
- Aboriginal and Torres Strait Islander peoples
- lesbian, gay, bisexual, transgender and intersex people
- people who live in rural or remote areas
- people who are financially or socially disadvantaged
- people who are homeless or at risk of becoming homeless
- veterans
- care leavers
- parents separated from their children by forced adoption or removal



## Who are the CVS visitors?

Visitors are volunteers who join their local service provider. All visitors receive basic training and must have regular police checks. Visitors are matched to a person based on their shared interests.

